



## Learning Project WEEK 7- Food

### Reception

Have you spent your day in your pyjamas as part of the Book Trust Event?

<https://www.booktrust.org.uk/pyjamarama> WE HAVE!!!



We are all missing and have continued to enjoy hearing about all your home learning activities. Thank you to the parents and carers who sent in their dancing clips for the 'Can't Stop the Feeling' video.

We are hoping that you are staying well. The most important thing at the moment is that your child is helped to feel safe and secure. Giving your child extra reassurance to help them to manage this strange time might well be needed. If you can get into some sort of routine then this will help. And from our own experience take every day as it comes.... Some days are easier than others! Please do not worry about what you are or are not doing, just keep your children safe.

As the time the children are away from school lengthens please be aware of some additional resources that some of you might want to take a look at. There is no pressure to do so but if you feel a little more structure and a teacher face (sadly not ours) might support your child then you may want to look at <https://www.thenational.academy/online-classroom/reception/> or at these <https://www.bbc.co.uk/teach/teach/early-years-teaching-resources/zhhf92p> but please do what feels right for you and your family.

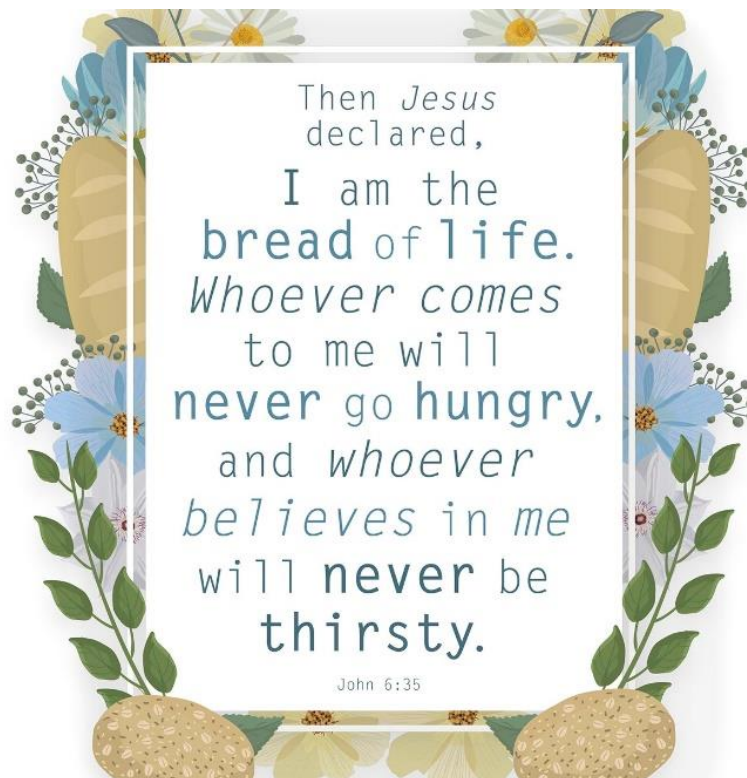
The theme for this week's learning project is food- yum, yum. Have you used your time at home to do any cooking or baking? There are some instructions that Ollie and Bella have written that you could use if you want to make a sandwich. Feel free to choose your own fillings – their choices are not for everyone!

We love to see some photos. You can email them to us at [admin@canonburrows.co.uk](mailto:admin@canonburrows.co.uk) or [twitter@canonburrows.co.uk](https://twitter.com/canonburrows.co.uk).


Enjoy any VE Celebrations on Friday 8<sup>th</sup> May that you may be organising. There are links below for Tameside Councils online activities : <https://www.tameside.gov.uk/VE75>  
They are also asking the Great British public to dance for Victory and have created an online dance tutorial that you can learn at home. <https://www.youtube.com/watch?v=M915-pxK59Q>  
should you wish.

Stay safe everyone; We hope we can see you soon

Mrs Lataster, Miss Mackenzie, Miss Schofield Mrs Vaughn and Miss Gosling.



Weekly Maths Tasks (Aim to do 1 per day)	Weekly Reading Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"><li>• Watch a Numberblocks clip each day at: <a href="#">BBC</a> or <a href="#">CBeebies</a>. Use this guide <a href="#">here</a> to give ideas on what to do whilst watching an episode.</li><li>• Working on <a href="#">Numbots</a> - your child will have an individual login to access this. <i>As a class we have earned a total of 26,500 coins. Well done Nursery! That's amazing!</i></li><li>• Play the Numberblocks add and subtract <a href="#">game</a>.</li></ul>	<ul style="list-style-type: none"><li>• Look at recipe books and food magazines. There are lots online if you do not have any. Encourage your child to use their phonics knowledge to recognise some of the letters. Support your child to blend some letters together. You could also select a recipe and make this together.</li><li>• Use Ollie and Bella's Sandwich instructions – try to read them or some of the words if they are a little tricky!</li><li>• Read a variety of books at home. Favourites can be repeated. Hearing the patterns of</li></ul>

<ul style="list-style-type: none"> <li>• Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales?</li> <li>• Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?</li> </ul>	<p>language in a story will support your child's language development. <b>There are some QR codes at the bottom of this so you can access some different books too.</b></p> <ul style="list-style-type: none"> <li>• Reception age children: Children to read to parents daily. Visit Oxford Owl for free eBooks that link to your child's book band. You can create a <a href="#">free account</a>. Complete the linked Play activities for each book.</li> <li>• Listen to the story of 'Oliver's Vegetables' on <a href="https://www.youtube.com/watch?v=BTYo aJY7k-Q">https://www.youtube.com/watch?v=BTYo aJY7k-Q</a> together and discuss why eating vegetables is important.</li> </ul>
Weekly Phonics Tasks (Aim to do 1 per day)	Weekly Writing Tasks
<ul style="list-style-type: none"> <li>• Sing Nursery Rhymes and songs together. Add in actions and change the words. Can your child think of different rhyming words to add in? Repeat old favourites and learn new rhymes. You can find an A-Z of <a href="#">Nursery Rhymes</a>.</li> <li>• Listen, sing along and learn the letters and actions to the jolly phonics songs. You can find them <a href="#">here</a>.</li> <li>• Join in with Rhyming activities. You can find lots of ideas you can complete at home <a href="#">here</a>.</li> <li>• Daily phonics - Practice the sounds your child is working on and blend words. This can be oral blending (e.g. spoken out loud c-a-t) or written if appropriate. <a href="#">Interactive games</a></li> <li>• Pour flour, rice or lentils into a shallow tray or plate. Show an example of the letter you have been learning with your child and ask them to 'write it' in the food using their finger.</li> </ul> <div data-bbox="328 1756 572 1917">  </div>	<ul style="list-style-type: none"> <li>• Practice forming the letters of the alphabet. Follow your school's script which you can find <a href="#">here</a>. Encourage your child to hold their pencil correctly.</li> <li>• Using recipes from books as a guide, ask your child to draw their dream meal. Some children may be able to write the initial sound of their meal or label it fully.</li> <li>• Look at a range of different packages found around the kitchen. Discuss what makes it stand out to a customer. Support them to design a package for a treat of their choice.</li> <li>• Ask your child to make a menu for tea or lunch. If you want to really get into the spirit turn tea into a dining experience and pretend you are having a meal out. You and/or your child is the waiter and is taking the orders.</li> </ul>

**The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.**

- **Healthy/ Unhealthy-**

- Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good for you or bad for you. Look at the [Eatwell plate](#) to help figure out which foods they should eat a lot of or not very much of.
- Discuss how exercise is an important part of staying healthy. Watch and complete a 10 minute [shake up](#). Or join in with Joe Wicks or Oti Mabuse or use the Tameside Dance for Victory

- **5 a day-**

- Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could draw them or use their phonics knowledge to label them.

- **Create a collage-**

- Ask your child to draw out a number of fruits or vegetables, large enough to fill a piece of A4 paper. Provide them with a selection of colourful packaging. Can they cut out and collage on to their picture to

- **Play shops-**

- Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing.

- **Potato/ Vegetable Printing-**

- Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created:



- **Make cornflour gloop-**

- Mix cornflour with a small amount of water in a mixing bowl. It will make a slimy, stretchy mixture. Allow your child to explore the change of texture from wet to dry and the texture of the gloop.

- **Make a heart -**

**Show your love for the NHS and Key Workers.** This could be made from salt dough, pebbles from the garden, bread or anything else you can think of.



## Additional learning resources parents may wish to engage with

**\*\* NEW Tameside Music Service** - a Facebook lives singing session **every Wednesday morning at 10am**. It is pitched at EYFS children but probably suitable for year 1's as well. All you need to do is go onto the Tameside Music Facebook page.

**Tameside Music Service** – Tameside Music Service have added some lovely songs and activities for the children to join in with. This will be updated with new resources regularly.

Go to <https://www.GMmusiconline.co.uk/yumu>

Enter your username and password in the boxes on the screen.

Your username is: p961580

Your password is: mezzo Click on the Log In button. All done! Click on the world to get started.

**\*\*NEW Tameside's Early Years' Service** sessions are being delivered via Facebook.

<https://www.facebook.com/growintameside/> This might be of interest to some of you. The team are delivering story time, singing and other activities

Fancy a virtual trip to the Museum? <https://www.tameside.gov.uk/MuseumsandGalleries/Exhibitions-at-Portland-Basin-Museum>

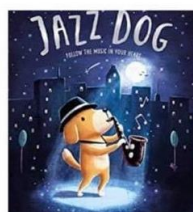
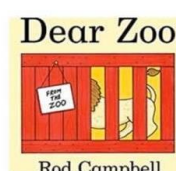
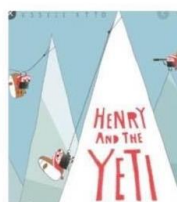
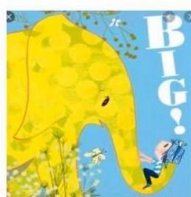
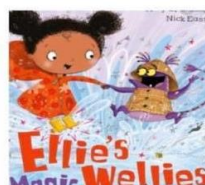
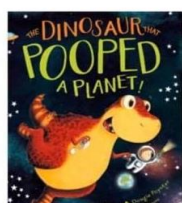
**Picture News** – Each week, Picture News choose a news story, provide an image and a thought-provoking question to encourage children to engage with current affairs and think deeply. Please see the attached document on our year group home learning page titled 'Learning from Home Ideas' which will be uploaded each week. A good opportunity to think about and include our school Christian Values in responses to the learning ideas and questions.

[www.vimeo.com/channels/picturenews](http://www.vimeo.com/channels/picturenews)

### **QR Codes for popular books**

Here are some free books to read with your child. Just scan the code and cuddle up and enjoy the story together. To use QR codes, watch the video on the link below for some easy to follow advice.

<https://youtu.be/8KHHFquutS8>



**Classroom Secrets Learning Packs** - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

**Twinkl** - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

**My Happy Mind** There is a free app that you can access please register at [myhappymind.org/parents](https://myhappymind.org/parents)



You have received this information sheet because your child has been following the myHappymind course at school or nursery. Normally, the course would be delivered by your child's teacher, using myHappymind's online resources. In order to help during this difficult time, myHappymind have created a series of free Parent Kits, based on the course, for you to use with your child at home. You can create a free user account that will give you instant free access to the learning resources.

Simply visit:  
<https://myhappymind.org/ParentKit-direct-enrol>

You will be asked to fill in a simple form, then you'll receive an email inviting you to log in to the myHappymind platform and choose your own password. Once logged in you will have your very own myHappymind account, containing Parent Kit resources for Early Years, Key Stage 1 (Years 1 & 2) and Key Stage 2 (Years 3 - 6).

Once you've logged in, the portal is easy to use:



**#TheLearningProjects**