## Supportive websites



## Social, emotional and mental health

https://www.togethertrust.org.uk/what-we-do

https://www.togmind.org/ - provide to the following support for children and families. Please look at their website for more information.

















https://www.mind.org.uk/information-support/for-children-and-young-people/understanding-camhs/?gclid=EAIaIQobChMIr5SNv\_LX-gIVCbLtCh3vigI\_EAAYASAAEgIXjvD\_BwE

https://www.educationalappstore.com/best-apps/5-best-mental-health-and-wellbeing-apps-for-kids