

# Worship 2 Go

## Drawing School and Home Together

Thanks to all those people who have made some of the resources collated here available to share

# Patience

## BIBLE VERSE

'But if we hope for what we do not see, we wait for it with patience.'

You can find this in the Bible in the book of Romans, Chapter 8, verse 25.

## Daily Prayer

Dear God,

Thank you that you love each of us and are always patient with us.

Please help me to show patience with those I love and myself too.

It can be hard to wait especially in difficult times.

Please give me the strength to be patient in everything that comes my way.

Amen

## Wondering

I wonder if you find it easy to be patient

I wonder if you can think of examples when you or someone else has been patient

I wonder how that made you feel



## Creative Prayer 1 ≈ Paper weaving

Weaving by hand, for example, making carpets is a very, very old craft; it can take months and months! This won't take quite so long I hope but it might take some concentration and patience.

For each person, you will need a paper platter or a round or rectangular piece of card, some wool or string, some thin paper strips (whatever you have but you might like to theme it, for example your favourite team's colours).

Cut slits in the sides of a paper plate or card. Thread wool or string through them to make a weaving frame.

As you weave the paper strips in and out think or talk about these things:

- when we might have to be patient in life and why is it sometimes better to be patient than to rush.
- Have you ever asked God to help you be patient what was that like?

When you have finished, you might like to pray, asking God to help you with those things. You might like to say the daily prayer.



## Activity 1 ≈ Build a tower

There are a few options here but working slowly and carefully try and make the tallest tower you can. You could even do this outside if you have space. You could use:

Scrap paper and card

Playing cards

Legos or building bricks

Anything else you can think of!



## **Creative Prayer 2 ≈ Just a minute (or more!)**

For this activity you will need a timer of some kind (a stopwatch, clock, or egg timer would all work), some pens and paper. Choose a person to keep the time.



### ***Minute one – estimate a minute***

Everyone stands up. From when the timekeeper says 'go', each person sits down when they think one minute has passed. The timekeeper notes who is closest to one minute but waits until everyone has sitting down before revealing who it was and how much time has passed.

### ***Minute two – think***

For one minute, everyone takes pens and paper to write or draw things they need to have patience with. For example, that might be a situation, something you are waiting for or even a person.

### ***Minute three - pray***

Take one minute to talk about and/or pray about those things. You might even like to pray for one another. (it doesn't matter if this bit takes longer than a minute).

## **Activity 2 ≈ make a cup and ball game**

There are a few different ways to make this depending what you have to hand. You can use a paper or plastic cup or some card folded into a cone shape. You need a small bouncy ball or just some paper scrunched into a ball and taped like in the picture.



Take a length of string about arm's length and attach it to your cup or cone with tape or by making a hole in the base and threading the string through and tying a knot in it. Attach the ball or scrunched paper to the other end by tying or taping it or even both. Decorate the cup or cone however you like.

To play, hold the cup upright and gently toss the ball into the air and try to catch the ball in the cup. It takes patience and practice!

## **Quote**

"Have patience with all things but first with yourself. Never confuse your mistakes with your value as a human being. You are perfectly valuable, creative, worthwhile person simply because you exist. And no amount of triumphs or tribulations can ever change that."

***Saint Frances de Sales***

## **Thing of the week...A new skill!**

We know lots of people have been learning new skills over the past couple of months. And it's never too late to give something a go. Sometimes though, it takes a lot of patience. Is there something you would like to share with us? Photos on Twitter always welcome!