

Activities to support attention and concentration – following of instructions

- **Building Challenge** – joining in with your child – making simple requests . Put the red brick on the top. Now add the yellow – one instruction at a time ask him to repeat the instruction. Model counting the bricks.
- **Do a simple jigsaw together** – talk about the clues on the pictures and the shape of the pieces. – count the pieces making sure that your child is counting one at a time. Talk about the shapes and pictures
- **Kim’s game** – start with 3 items then 4 – play you having a turn and then your child having a turn and hiding something from you.
- **Pom Pom Avalanche** – or **kerplunk**~– Trap pom poms in a colander using some wooden sticks or pipe cleaners and turn it upside down. Let the children take turns to pull the sticks out (and strengthen their [fine motor skills!](#)) until all of the pom poms fall down like an avalanche!

What you need –Around 50 Coloured Pompoms, Wooden BBQ Sticks or Pipe Cleaners,A Large Colander



- **Paper Plate Pairs or pair games to develop his memory.** The activity –A kingsize variation of the good old pair matching game. Take several paper plates and markers and write some letters if you want your little ones to [practice literacy](#) or draw shapes, animals and other items if it’s time to build their vocabulary.

What you need –A Dozen Paper Plates Marker Pens

- Coin game – sort the coins into 1p, 2p, 5p,10p – make pictures with the coins. Use like Kim’s game make a picture with 2 coins – cover it over and your child to make it, once he can do 2 increase the number of coins that he needs to remember
- **Spot the difference and odd one out games** are brilliant for getting children to pay attention to small details. You can tailor them to your child’s age and ability, and they also have the benefit of being portable and readily available online, which makes them perfect for travel or waiting rooms
- Puzzles where your child has to spot a hidden object in a picture, such as [Where’s Wally?](#)
- **I went to the supermarket** - This traditional game is a good group exercise that you can play with your child and their siblings or friends, and that often ends with much hilarity Sitting in a circle or around a table, the first person says, ‘I went to the supermarket and I bought...’ and then names an item starting with A: for example, an avocado. The next person then repeats the sentence and names an object starting with B, but also has to recall the first person’s answer: so, ‘I went to the supermarket and I bought a balloon and an avocado.’ Carry on through the alphabet, seeing how many objects you can remember before it all falls apart!

- **Number Sequence games-** Say 2 numbers to Your child – 3,7 get him to say them back- increase the number in the sequence – 4, 7, 2 remembering to give a different sequence each time
- **Mindful colouring and doodling** is big news amongst adults at the moment, helping to take our minds off everyday distractions and focus on the task in front of us, and it's just as beneficial for kids, too. Start by drawing a series of small circles on a sheet of paper for your child to colour, as neatly as possible, staying within the lines – because the circles are small, this should only take them a minute or so. The next day, draw slightly larger circles that will take a little longer to colour
- **Dance Freeze**The activity – [Game of the Week: Dance Freeze by Playworks](#)
Communication and language area(s) of development: Attention & listening
In a nutshell – Dance when the music's on and freeze when it stops. It's as simple as that. You might know it as some ice-breaker entertainment for a birthday party,



but it's also great for an attention and listening exercise.

- **Story Stones** The activity – [Homemade Story Stones by Happy Hooligans](#)

Communication and language area(s) of development: Expressive language, vocabulary, turn-taking, attention and listening

In a nutshell – Story stones are essentially very simple prompts for narrative play. All you need to do is get some flat and smooth stones from a craft shop or a beach and decorate them with pictures of objects or animals. Choose one of the stones and start a tale based on the picture on it, then encourage your child to draw more stones and continue the story.

What you need – stones or pictures

- **Spy With My Little Eye** he activity – [10 Ways to Play 'I Spy' by Teaching Every Day](#)
Communication and language area(s) of development: Vocabulary, listening & attention
In a nutshell – 10 variations of the classic 'I Spy' game that require focus from the little ones and will help to strengthen their vocabulary. We suggest that you let the kids ask questions to encourage discussion, instead of just guessing one word at a time.



- **Tabboo** The activity – [Taboo Pack for Kids by Way to Master English](#)
Communication and language area(s) of development: Vocabulary, expressive language, confidence & self-esteem

In a nutshell – Each card consists of a picture that players have to explain to each other without using the three words listed underneath. It's an amazing, playful activity that takes vocabulary development to a whole new level and encourages creativity.

What you need –

- Free Printables
- Scissors

jewelry
 women
 activity
 music
 furniture
 sit
 living room
 machine
 kitchen
 plates
 thing
 beach
 collect
 food
 sweet
 dessert
 food
 Mexican
 tortilla
 round
 car
 animal
 head
 water
 fruit
 red
 strawberry
 shoes
 summer
 rubber
 job
 music
 concert
 clothing
 girls
 women
 bird
 tropical
 beak
 animal
 Africa
 cat
 kitchen
 water
 boil
 animal
 toy
 big
 fruit
 grown
 animal
 fruit
 night
 the
 cloud
 raspberry
 toucan
 watermelon
 teapot
 train
 girl
 sitting
 chair
 www.waytomasterenglish.blogspot.com

TABOO GAME

9. Nursery Rhymes

The activity - [10 Nursery Rhymes to Sing With Babies by Rainy Day Mum](#)

Communication and language area(s) of development: Vocabulary, listening & attention

In a nutshell - These ten all-time classics are not only amazing for connecting with the little ones but also teaching them new vocabulary and expressions in the most enjoyable way.

What you need -

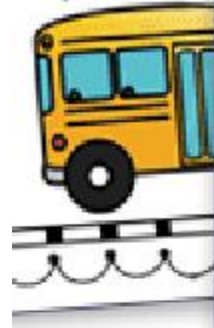
- *Music Player or Some Instruments*

wheels on **the bus** GO ROUND and round
round, round and round.
wheels on **the bus** go round and round
All through the town.

The children on **the bus** GO UP and down
up and down, up and down
The children on **the bus** go up and down
All through the town.

The doors on **the bus**
lock and shut,
doors on **the bus**

wipers on **the bus**
left, right, swish, swish
wipers on **the bus**



Twinkle, twinkle
Little star
How I wonder what you are

Incy, wincy spider
Climbed up the WATER SPOUT

Down, came the rain and
washed the spider out.

OUT came the sun and
dried up all the RAIN.

And incy, wincy spider
Climbed up THE SPOUT again.



10. Books Books Books

The activity - [World Book Day: 11 Books from Around the World by Family](#)

Communication and language area(s) of development: Vocabulary, listening & attention

In a nutshell - Books can be used in so many ways to develop language and early literacy skills. Toss *The Very Hungry Caterpillar* aside for a moment and check out this list of classics from all around the globe.

What you need -

- Books
- A Cosy Reading Nook
-